



FAQ

Products

Q. I'm having trouble finding my favorite flavor of Tropicana. Can you help me?

A. We have an on-line Product Locator tool for you to use. Check out the products section.

Q. How long past the "Best If Used By" date on the package can I drink your juice?

A. Regardless of the "best if used by" date, once the product has been opened, it will remain good for 7 to 10 days. If the product hasn't been opened before it's "best if used by" date, it should remain good to drink for about a week provided it has been refrigerated at the proper temperature.

Q. Once I've opened the product, for how long is it still good to drink?

A. Provided the juice has been stored properly, the product should be alright to drink for 7 to 10 days after opening.

Q. How long can juice be left unrefrigerated?

A. Chilled juices should be kept constantly refrigerated or they will spoil. We do not recommend using chilled juices that have been left unrefrigerated more than three hours.

Q. Do I have to refrigerate juice in bottles *before* opening?

A. Some of our products require constant refrigeration, while others do not. Please check the label for instructions.

Q. How many oranges does it take to make a glass of juice?

A. It takes 18 oranges to make a 64 oz. carton of Tropicana orange juice.

Q. How many grapefruit does it take to make a glass of juice?

A. It takes two to three grapefruit to make an eight-ounce glass of grapefruit juice.

Q. Do you add sugar to your Pure Premium?

A. No, Pure Premium is 100% juice. The naturally sweet flavor comes from picking the oranges at their optimum time for squeezing.

Q. Why does Tropicana® Orange Juice contain sodium while Tropicana Pure Premium® does not?

A. Pure Premium orange juice is made from fresh oranges, not from concentrate and is sodium free naturally. All from-concentrate juice products will contain some sodium that comes from the water added to reconstitute the juice. The concentrate does not contain sodium, but the water does.

Q. How much calcium does Tropicana Pure Premium® with Calcium orange juice provide?

A. One serving provides 350 milligrams of calcium - as much calcium as a glass of milk. Tropicana® uses the FruitCal® Calcium System, a highly absorbable source of calcium and a proprietary calcium source, in its fortified juices. FruitCal is designed to help maintain the great taste of juice.

Q. Are your juices pasteurized?

A. Yes, all Tropicana juices are pasteurized. Pure Premium is "flash pasteurized" to preserve it's straight from the orange taste.

Q. What does pasteurization do?

A. Pasteurization is a heat treatment that inactivates the naturally occurring enzymes and bacteria that would otherwise contribute to the rapid deterioration of the juice.

Q. Does pasteurization affect the vitamins and nutrients?

A. Pasteurization protects the quality and taste of the juice and destroys microorganisms that could lead to spoilage and food borne illness. The vitamin and nutrient contents shown on the package reflect the minimum levels you can expect at the expiration date.

Q. Why is there less vitamin C per serving in smaller cartons than in larger ones?

A. Over time, vitamin C degrades in the presence of oxygen. Although all of our packages are designed to minimize exposure to oxygen and maximize the retention of vitamins, smaller cartons allow quicker oxidation of the product, so the vitamin C content in small packages is less than the level in 64-ounce cartons.

Q. How What is FruitCal®?

A. The FruitCal® Calcium System is the type of calcium used in Tropicana® Pure Premium® products (calcium citrate malate). Studies show that FruitCal®:

- Provides a more absorbable type of calcium than other calcium supplements
- Builds stronger bones in children and adolescents
- Helps maintain bone mass in adult women

Packaging/Environmental

Q. Is the plastic bottle recyclable?

A. We use two types of plastic for our juices. The majority of our bottles are made of polyethylene tetraphthalate (PET), which has a recycling code of #1. This clear plastic is also used to make 2-liter soda bottles and is widely accepted by recyclers. We use clear PET for our 10 oz. 12 oz. 1 liter and 59 oz. Tropicana Pure Premium and Tropicana Pure juices. The second type of plastic we use is high-density polyethylene (HDPE), which is combined with a very thin layer of nylon that maintains product freshness. Although HDPE carries a recycling number of #2, we must label it #7 "other" because of the two material, mutli-layer structure. Since the nylon does not interfere with its recyclability, we highlight its #2 compatibility. Our HDPE packages are white in color and are used for our 96 and 128 oz Pure Premium juices.

Q. Are the cartons recyclable?

A. In some communities the gable-top carton can be recycled in the paper stream

but many communities do not include these types of packages in their curb-side collection programs. The carton has multiple layers of plastic coated on the surface to make it liquid tight and provide the barrier needed to maintain juice freshness, which makes it more difficult to recycle with uncoated paper materials. However, the carton is made from over 80% renewable resources (paper) and all of our suppliers adhere to Sustainable Forestry Institute practices that manage the harvesting and re-planting process to ensure a sustainable supply of wood fiber for future generations.

Q. Can I freeze the plastic bottle & carton?

A. Our packages were not designed with freezer storage in mind. Expansion occurs during freezing and this can damage the container, resulting in juice leakage and exposure to air. This will cause the juice to lose flavor and nutrients.

Q. Can I reuse the plastic bottle?

A. Our bottles were designed for one-time use. We do not recommend that the bottle be refilled with liquid for human consumption, as it is difficult to maintain sterility. Bacteria from your mouth or unwashed hands can contaminate used drinking bottles. Also, food packages should never be reused to store harmful chemicals, as young children may recognize the package as juice and attempt to drink from it.

Q. Does freezing plastic bottles cause breast cancer?

A. Information floating around the internet about frozen plastic bottles causing breast cancer is false. It cites Johns Hopkins as the source of the information. To counter this hoax or urban legend, Dr. Rolf Halden, of the Johns Hopkins Bloomberg School of Public Health, went on record in the June 24, 2004 John's Hopkins School of Public Health Newsletter. He noted that if freezing plastic bottles were to do anything, it would probably make the beverage inside safer to drink because "freezing actually works against the release of chemicals."

Health & Safety

Q. Which medications interact adversely with grapefruit?

A. In 1995, researchers discovered that certain medications may adversely interact with grapefruit juice. The brand names of prescription medications that have shown a high possibility of negative interaction including Lovastatin, Simvastatin, Buspirone, Terfenadine, Astemizole and Amiodarone. The American Pharmaceutical Association recommends that all patients discuss their grapefruit juice consumption with a doctor or pharmacist. In most cases, a non-interacting drug can be substituted so that the patient can still enjoy grapefruit juice.

Q. Does orange juice interact adversely with medication?

A. Orange juice does not react with drugs the same way grapefruit juice does, so to the best of our knowledge there should not be a problem. If you have concerns about a particular medication, it is best to discuss this with your physician or pharmacist.

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Q. What fruit exchange does the juice equal?

- A. An eight-ounce glass of 100% juice equals one "diabetic fruit exchange." This should not be confused with the Dietary Guidelines for Americans recommendations for the number of servings of fruit that consumers should consume daily. The Dietary Guidelines recommendation is one serving equals 4 ounces of juice, on average adults should 4 servings of fruit per day, and most fruit servings should come from whole fruit.

Q. How much calcium does Tropicana Pure Premium® with Calcium orange juice provide?

- A. One serving provides 350 milligrams of calcium, compared to milk which has 300 milligrams per 8 oz. Tropicana® uses the FruitCal® calcium system, a highly absorbable, patented source of calcium. FruitCal® was designed to soluble in juice and maintain great taste.

Q. What is FruitCal®?

- A. FruitCal® is the source of calcium used in Tropicana® Pure Premium® products. It is calcium combined with citric and malic acids (calcium citrate malate), the type of acids that help give fruits their tangy taste. Studies show that FruitCal®:
- * Provides a more absorbable type of calcium than other calcium supplements
 - * Builds stronger bones in children and adolescents
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Q. Does Tropicana Pure Premium Orange Juice contain gluten?

- A. No. 100% juices do not contain gluten which is typically found in certain grains.